

eat right. Academy of Nutrition
and Dietetics

FNCE 2018

Food & Nutrition Conference & Expo

Washington, D.C. | October 20-23

Opening Session: High Performance Resilience

Speaker: Bonnie St. John | 4 p.m. – 6 p.m. | Hall D | CDR Activity Number: 143708

Sessions At-a-Glance

Use the three-digit session number to quick-search our Program for session details.

116. Member Showcase: Changing the World Through
the Power of Food

#143163

This six-digit number is the CDR activity number.

Logging Continuing Professional Education Units

- Log each session individually under Activity Type 170 – Lecture/Seminar.
- Suggested Learning Need Codes (LNCs) and Performance Indicators (PIs) for each session are listed in the FNCE® online program. Visit eatrightfnce.org/program for more information.
- CPE Certificates are available at eatrightfnce.org and the FNCE® Mobile App.

Session Overflow

Rooms 140AB, 149AB, and 154AB are dedicated overflow rooms, which will broadcast sessions that have reached attendance capacity.

Allow notifications on the FNCE® Mobile App to receive overflow alerts.

Join the conversation! Get social using the official conference hashtag #FNCE!

Sunday, October 21 (Washington, D.C.)

CPE Hours: 6.0

Session room	8:00 a.m. – 9:30 a.m.	10:00 a.m. – 11:30 a.m.	1:30 p.m. – 3:00 p.m.	3:30 p.m. – 5:00 p.m.
Hall D	329. A Deeper Understanding: The Intersection of Disordered Eating and the Science of Emotion #141059	476. Preventing Metabolic Adaptation During Weight Loss #141088	129. Use It or Lose It: Muscle, Protein, Exercise and Healthy Aging <i>Planned with the Committee for Lifelong Learning</i> #141110	134. Debate: Intermittent Fasting in Weight Management <i>Planned with the Committee for Lifelong Learning</i> #142659
Ballroom A	444. Exercise Professionals + Registered Dietitians = A Winning Combination #141019	216. The Challenge of Medical Nutrition Therapy for Dual Diagnosis of Cancer and Diabetes #141252	410. External Guidelines or Internal Cues? Mindfulness as a Critical Component of Nutrition Therapy #141231	244. Diet and Dermatology: What Is the Role of Medical Nutrition Therapy? #141077
Ballroom BC	131. Food for Thought: The Multicultural Healthy Diet for Cognition <i>Planned with the Committee for Lifelong Learning</i> #142722	130. What the Internet and Big Data Reveal About Who We Are <i>Planned with the Committee for Lifelong Learning</i> #141092	145. 2018 Presidents' Lecture: Artificial Intelligence and the Future of Health #143710	147. Exploring the Microbiome: The Diabetes Connection <i>Planned with the Research DPG</i> #143715
East Salon ABC	141. Integrating Nutrition in Fertility Treatment: The Dietitian's Role in Reproductive Medicine <i>Planned with the Women's Health DPG</i> #141034	268. ACEND Forum: Demonstration Program Innovations in Educating Future Practitioners #141084	515. Food Porn Dilemmas: Balancing Artful Imagery and Real-World Attainability in Social Media <i>Planned with Food and Nutrition Magazine</i> #141106	136. Scientific Integrity: How Can Science Overcome the Current Environment of Distrust? <i>Planned in Coordination with International Life Sciences Institute North America and the Academy of Nutrition and Dietetics</i> #142718
Room 143 ABC	304. Informed Feeding: Data-Driven Nutrition Education and Intervention #141032	343. Expanding Horizons: RDN Fellows Advancing Strategies to Address Global Malnutrition #141070	142. 2018 Wimpfheimer-Guggenheim International Lecture: Innovative Partnerships - How Collaboration Leads to Stronger Global Dietitians #142637	125. Expert Panel: Nutrition Implications of Disaster Relief in Puerto Rico <i>Planned with the Committee for Lifelong Learning</i> #143277
Room 144 ABC		423. Health Promotion Research with Latino Children and Parents #141068	166. Summer Nutrition for Children: We All Have a Role to Play! #141223	472. New Perspectives on WIC: An Evidence-Based Examination of Early Childhood Dietary Behaviors #141265
Room 145 AB	284. Competency-Based Education: An Innovative Approach to Assessment #141029	250. Run Like a Girl! Getting Elected to Public Office <i>Planned with the Legislative and Public Policy Committee</i> #143267	251. Military Crisis: The Link Between Obesity and National Security <i>Planned with the Legislative and Public Policy Committee</i> #143273	450. Consumer Adoption and Demand-Driven Innovation: Nutrition Solutions from Politics to Pantries #141257
Room 146 ABC	122. Power Up! Using Strategic Communications to Enhance Your Message, Presence, and Profession <i>Planned with the Committee for Lifelong Learning</i> #142922	132. 2018 Lenna Frances Cooper Memorial Lecture: Dream Big... And Make it Happen - Skills and Strategies That Take Interventions from an Idea to Reimbursement #142720	207. Refeeding Syndrome: Prevention and Treatment #141218	336. Innovative Counseling Strategies for Disordered Eating: Mindful Practices and Internal Family Systems #141250
Room 147 AB	137. Perspectives from Global Leaders: RDNs' Critical Role in Food and Nutrition Security <i>Planned with Academy National Sponsor National Dairy Council</i> #142711	248. Teaming Up: Tailoring Nutrition to Optimize Youth Athletic Performance #141080	309. Nourishing from Seed to Plate to Prevention in Dietetics Education #141227	363. Podcasts: Tune in to the Perfect Value-Add for Dietitians #141242
Room 150 AB	203. Developing an Interprofessional Prehabilitation Team in Pancreatic Cancer #141023	206. Improving Dialysis Patient Outcomes Within the Constraints of RDNs' Time #141073	465. Responsive Feeding and Division of Responsibility: A Comparative Analysis of Childhood Feeding Approaches #141108	397. Mission Possible: Changing Reimbursement Policy for Obesity Prevention and Treatment #141233
Room 151 AB	169. Beverage Taxes: Do They Impact Obesogenic Behaviors? (8:00 a.m. – 9:00 a.m.) #143831	159. Right-to-Try and Experimental Drugs: What Every Health Professional Needs to Know (10:00 a.m. – 11:00 a.m.) #143713	150. Nutrition Interventions Amidst an Opioid Crisis: The Emerging Role of the RDN (1:30 p.m. – 2:30 p.m.) #141098	143. The Impact of Political Instability on Nutrition and Public Health (3:30 p.m. – 4:30 p.m.) #143719
Room 152 AB	201. The Future of Pediatric Malnutrition: Establishing Prevalence, Ensuring Prevention #141021	377. Dietitians in the Driver's Seat for Strategic Planning #141066		274. It's a Match! Strategies to Help You Match to a Dietetic Internship #141255
Room 202 AB	360. Create the Private Practice of Your Dreams #141063	123. Feeding and Seeding: Human Milk's Composition Impact on the Infant Microbiome <i>Planned with the Committee for Lifelong Learning</i> #141096	212. Rising Tide of Women with Diabetes Before Pregnancy <i>Planned with the Diabetes Care and Education DPG</i> #141221	299. The Socioeconomics of Malnutrition: Food Insecurity Screening and Intervention <i>Planned with the Committee for Public Health/Community Nutrition</i> #141245
Room 207 AB	509. Culinary Demonstration: Melting Pot - The Cultural Impact of Fusion Cooking <i>Planned with the Diversity Committee</i> #141016	510. Culinary Demonstration: How to Deliver Dynamic Cooking Demos On-Site, Online, on TV #141090	177. Culinary Demonstration: Chef in the Classroom - Cooking and Nutrition in K-12 Curriculum #141225	512. Culinary Demonstration: When Engineering Meets Culinary Science - Sous Vide Cooking <i>Planned with the Food and Culinary Professionals DPG</i> #141267
Expo Hall	9:00 a.m. – 2:00 p.m. Poster Sessions: Professional Skills; Nutrition Assessment & Diagnosis; Medical Nutrition Therapy (Authors present from 11:45 a.m. – 1:15 p.m.)			

Monday, October 22 (Washington, D.C.)

CPE Hours: 6.5

Session room	8:00 a.m. – 9:30 a.m.	10:00 a.m. – 12:00 p.m.	1:30 p.m. – 3:00 p.m.	3:30 p.m. – 5:00 p.m.
Hall D		116. Member Showcase: Changing the World Through the Power of Food #143163	224. Acceptance and Commitment Therapy: Empowering Patients to Make Meaningful Change #141374	432. Debate: A Conversation on Weight Management and Health at Every Size® <i>Planned with the Weight Management DPG</i> #141547
Ballroom A	462. When Nutrition Is Trending: What Is Credible Science? #141280		120. The Science of Modified Carbohydrate Diets and Application in the Clinic <i>Planned with the Committee for Lifelong Learning</i> #142643	139. Expert Panel: On the Shoulders of Giants - Learning Through Stories of Inspiration #142705
Ballroom BC	506. Clean Eating: Clearing up the Confusion #141274		124. Expert Panel: Hot Career Paths in Nutrition <i>Planned with the Committee for Lifelong Learning</i> #143286	121. Genetic Testing in the Nutritional Evaluation: Clinical Utility and Challenges <i>Planned with the Committee for Lifelong Learning</i> #142641
East Salon ABC	414. The Aging of America: Nutritional Guidance for a Rapidly Expanding Population <i>Planned with the Committee for Public Health/Community Nutrition</i> #141349		135. Beer, Hollywood and Nutrition Research: It's All the Same Story <i>Planned with the Committee for Lifelong Learning</i> #143281	488. Using Technology to Make Informed Food Choices #141699
Room 143 ABC	211. Improved Neonatal Patient Outcomes Through Exclusive Human Milk Feeds #141318		156. Procurement to Plate: What Impact Is Your Menu Having? #141368	235. Home Care: Best Practices and Future Implications for Our Profession #141537
Room 144 ABC	426. Supermarket Fresh Departments: Partnering to Promote Healthy Choices #141351		431. Rousing Research on the Power of Family Meals #141362	383. Going the Distance: Benefits, Barriers, and Current Opportunities of Distance Dietetic Internships #141544
Room 145 AB	234. Who Is Prescribing Nutrition Support Orders and How Can RDNs Do More? #141285		194. Combating the Short Gut Demons: The Devil Is in the Details #141372	511. Cultural and Religious Variations of the Mediterranean Diet <i>Planned with the Religion Member Interest Group</i> #141705
Room 146 ABC	140. Cannabis: Weeding Fact from Fiction <i>Planned with the Committee for Lifelong Learning</i> #142707		326. Lutein's Role in Optimal Eye and Brain Health #141366	126. Expert Panel: Advance Your Practice Through Telehealth <i>Planned with the Committee for Lifelong Learning</i> #141707
Room 147 AB	443. Engaging LGBTQ Clients in Nutritional Counseling Through Cultural Humility #141713		407. Regulatory Runaround: Does the Gluten-Free Label Really Protect the Public? <i>Planned with the Medical Nutrition Practice Group</i> #141364	219. Moving Malnutrition Prevention from "Talk" to "Action" <i>Planned with the Dietitians in Nutrition Support DPG</i> #141539
Room 150 AB	464. Developments in Childhood Celiac Disease: Epidemiology to Treatment #141283		228. Bone and Mineral Disorders in Patients with Kidney Disease: Medical and Nutritional Considerations #141535	310. Seeds of Hope: Garden-Based Interventions Improve Health Outcomes for Cancer Survivors #141709
Room 151 AB	445. Developing Dietary Reference Intakes Based on Chronic Disease #141277		162. Constantly Connected: Smartphones, Wearables, and Our New Relationship with Food (1:30 p.m. – 2:30 p.m.) #143727	146. Taking a Byte out of Food Waste with Blockchain (3:30 p.m. – 4:30 p.m.) #143721
Room 152 AB	355. Joining the Hustle: Opportunities and Challenges for Dietitians in Tech #141346		467. Transforming Daily Clinical Practice into Useful Data #141353	474. Seal the Deal: Publishing Your Nutrition Research #141712
Room 202 AB	160. Farming with RDNs: What Nutrition Professionals Need to Know About Agriculture #141320		138. Dietitians Leading Innovation: Using Data for Quality Improvement and Patient-Focused Transitions of Care <i>Planned with Academy Premier Sponsor Abbott Nutrition</i> #143736	357. The Transformative Power of Food and Nutrition Professionals in Industry <i>Planned with the Dietitians in Business and Communications DPG</i> #141542
Room 207 AB			252. The Untold Story of School Foodservice in America <i>Planned with the Legislative and Public Policy Committee</i> #141360	470. Baby Talk: The Latest on Feeding Infants #141702
Expo Hall	9:00 a.m. – 2:00 p.m.			
	Poster Sessions: Food Science; Education; Management; Food Services/Culinary; Research; Innovations (Authors present from 11:45 a.m. – 1:15 p.m.)			

Session room	8:00 a.m. – 9:30 a.m.	9:45 a.m. – 11:15 a.m.	12:00 p.m. – 1:30 p.m.	2:00 p.m. – 3:30 p.m.
Hall D				117. Closing Session: Shift Your Brilliance - Leading Amidst Uncertainty #143732
Ballroom A	222. Generational Approach to Counseling People with Diabetes #141759	199. Assessing Abdominal Bloating: Common Causes and Tailored Treatments #142042	457. Maximize Your Toolkit with These Science Evaluation Tools #142123	
Ballroom BC	260. The Neurobiology of Dieting: Evidence for Improving Mental Health with a Self-Care Approach <i>Planned with the Behavioral Health Nutrition DPG</i> #141761	330. Culinary Medicine: The Dietitian (and Doctor) Are in the Kitchen #142044	148. Food Is Medicine: Dietary and Policy Priorities for a Healthier Nation <i>Planned with the Committee for Lifelong Learning</i> #143725	
East Salon ABC	265. The Journey to TEDx: From Expert Speaker to Inspirational Thought Leader #141763	430. Leveraging Pop Culture, Communication, and Data Strategies to Improve Population Health <i>Planned with the Council on Future Practice</i> #142067	338. Gastrodiplomacy: The Transformative Power of Food #142110	
Room 143 ABC	370. Beyond the Status Quo: Real-World Application Driving Quality Improvement <i>Planned with the Quality Management Committee</i> #141774	371. The RDN Change Agent: Making Quality Improvement Meaningful <i>Planned with the Quality Management Committee</i> #142047	193. Recovery from Eating Disorders with Insulin-Dependent Diabetes #142114	
Room 144 ABC	468. Methods Matter: Research to Improve Accuracy of Children's Dietary Recalls #141781	305. Preventing Chronic Disease Among Native Americans Through Food Security #142052	437. The Double Burden: Nutrition in Refugee and Immigrant Populations in the United States <i>Planned with the Committee for Public Health/Community Nutrition</i> #142119	
Room 145 AB	127. Déjà Vu: Nutritional and Behavioral Assessment for Revisional Bariatric Surgery <i>Planned with the Committee for Lifelong Learning</i> #143723	396. Strategies to Improve Care Transition to Reduce Malnutrition <i>Planned with the Clinical Nutrition Management and Dietetics in Health Care Communities DPGs</i> #142055	390. Innovations in Nutrition Delivery: Payment Beyond Four Walls <i>Planned with the Nutrition Services Payment Committee</i> #142117	
Room 146 ABC	128. Dietary Nitrate: An Update on Supplementation for Health and Performance <i>Planned with the Committee for Lifelong Learning</i> #142026	152. Growing a Healthy, Sustainable Plate: From Recommendation to Reality #142060	490. Elevating Your Visual Influence: The RDN's Guide to Mastering Video #142132	
Room 147 AB	238. Evidence-Based Care for Our Transgender Patients and Clients #141776		158. Exploring the Dietitian's Role in Farm to School and Community Food Systems #142077	
Room 150 AB	243. Innovative Approaches to Improve Outcomes in At-Risk, Low-Income Renal Populations <i>Planned with the Renal Dietitians Practice Group</i> #142035	217. Collaborative Clinical Nutrition Practice Guidelines for Chronic Kidney Disease #141771	196. The Heart of an Athlete: Managing Hypertension in Athletic Populations <i>Planned with the Sports, Cardiovascular, and Wellness Nutrition DPG</i> #142130	
Room 151 AB		144. Free Speech Challenges to Professional Regulation: Suing over Dietetics Licensure <i>Planned with the Consumer Protection and Licensure Subcommittee</i> (9:45 a.m. – 10:45 a.m.) #143717	155. Healthy Food for a Healthy Planet: The Carbon Footprints of Dietary Choices (12:00 p.m. – 1:00 p.m.) #143729	
Room 152 AB	253. We Found Our Thrill on Capitol Hill <i>Planned with the Legislative and Public Policy Committee</i> #143734	164. Baby Knows Best: The Evidence and Controversy of Baby-Led Weaning #141767	218. Nutrition Risk Screening in Pediatrics: Hospital- and Community-Based Tools #142075	
Room 202 AB	459. Solving the Challenges of Malnutrition in Pregnancy: An Updated Approach #142028	497. Using Ultrasound to Assess Body Composition #142071	133. Taking Action on Food Waste: Industry Innovation and Legislative Opportunities <i>Planned with the Committee for Lifelong Learning</i> #142112	
Room 207 AB	157. Where Does Animal Agriculture Fit in Today's Sustainable Food System? #141765	306. Reducing Cancer Risk One Meal at a Time: Updated Recommendations <i>Planned with the Oncology Nutrition DPG</i> #142069	351. Best Available Evidence: A New Clinical Decision Tool to Guide Critical Thinking <i>Planned with the Dietitians in Integrative and Functional Medicine DPG</i> #142073	
Expo Hall	9:00 a.m. – 1:00 p.m. Poster Sessions: Wellness and Public Health (Authors present from 11:30 a.m. – 1:00 p.m.)			