OPENING SESSION: TRANSPARENCY REVOLUTION - THE FUTURE OF HEALTHCARE
Marty Makary, MD | 4 p.m. – 6 p.m. | Hall C | CDR Activity Number: 149362

SECTIONS AT-A-GLANCE
Use the three-digit session number to quick-search our Program for session details.

116. Member Showcase: Wolfpack - Leading to Win
#149525

This six-digit number is the CDR activity number.

LOGGING CONTINUING PROFESSIONAL EDUCATION UNITS
• Log each session individually under Activity Type 170 – Lecture/Seminar.
• Suggested Learning Need Codes (LNCs) and Performance Indicators (PIs) for each session are listed in the FNCE® online program. Visit eatrightfnce.org/program for more information.
• CPE certificates are available at eatrightfnce.org.

SESSION OVERFLOW
Rooms 122AB and 202AB are dedicated overflow rooms, which will broadcast sessions that have reached attendance capacity.
Allow notifications on the FNCE® mobile app to receive overflow alerts.

Join the conversation! Get social using the official conference hashtag #FNCE!
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| Hall C        | 137. Best of the Rest: Improving Health Through Better Sleep  
Planned with the Committee for Lifelong Learning #150333                            | 209. When in Rome: Developing Criteria for Brain-Gut Gastrointestinal Disorders #149402     | 186. Beyond BRAT: Tailored Diet Interventions for Chronic Diarrhea #149422              | 129. The Effects of a Ketogenic Diet on Exercise Metabolism During Endurance Performance  
Planned with the Committee for Lifelong Learning #150932                                |
| Terrace Ballroom I/II | 304. Influencing Leadership and Inspiring Change at Every Career Stage  
Planned with the Clinical Nutrition Management Dietetic Practice Group #149370                | 132. Protein Timing: Is There an Anabolic Window of Opportunity?  
Planned with the Committee for Lifelong Learning #149573                                | 141. CBD is Everywhere! Navigating the MNT and Its Role in the Marketplace  
Planned with the Committee for Lifelong Learning #149432                                | 416. Precision Nutrition: Leveraging the Gut Microbiome and Metabolic Phenotyping #149437               |
| Terrace Ballroom III/IV | 187. Cutting-Edge Therapies for Small Intestinal Bacterial Overgrowth: From Risky Business to Evidence-Based Practice  
Planned with the Medical Nutrition Practice Group #149377                                 | 150. 2019 Lenna Frances Cooper Memorial Lecture: Redefining Aging and Embracing Longevity - Nutrition Opportunities Abound  
Planned with the Committee for Lifelong Learning #149396                                | 142. The Brain's Influence on Eating Disorders: Combining Neurobiology with Nutrition  
Planned with the Committee for Lifelong Learning #149576                                | 127. Yours, Mine and Ours: A Conversation About Body Image  
Planned with the Committee for Lifelong Learning #149453                               |
Planned with the Academy of Nutrition and Dietetics’ Collaborative on the DGAs #149571 | 339. Transformational Leadership: Maximize Your Influence Capacity #149417               | 189. Navigating the Maze of Complex GI Cases #149441                                        |
| 113-ABC       | 238. Pathways to a Doctorate: Turning Dreams into Reality #149379                                                                       | 229. No Stone Unturned: Kidney Stone Prevention One Bite at A Time  
Planned with the Renal Diatitians Practice Group #149397                                   | 124. Collaborating for Consistency: Best Practices for Implementing the IDDSI Framework  
Planned with the Committee for Lifelong Learning and the Academy’s IDDSI Task Force #149673 |                                                                         |
Planned with the Committee for Lifelong Learning (8:00 a.m. – 9:00 a.m.) #151522                | 130. Career Essential: Create and Build Your Personal Brand  
Planned with the Committee for Lifelong Learning (1:30 p.m. – 2:30 p.m.) #149415                | 139. CRISPR 101: Starting the Conversation About Gene Editing  
Planned with the Committee for Lifelong Learning (3:30 p.m. – 4:30 p.m.) #149451                |                                                                         |
| 118-ABC       | 166. Refine Dining: Improving Menus via Public-Private Partnerships  
Planned with the Dietitians in Business and Communications Dietetic Practice Group #149385          | 293. The Devil in the Data: Evaluating Food Is Medicine Programs #149400                      | 152. 2019 Trailblazer Lecture: Dietetics and Food Science – A Winning Partnership for Public Health  
Planned with the Institute of Food Technologists and the Academy of Nutrition and Dietetics #149579 |                                                                         |
Planned with the Commission on Dietetic Registration #150336                                   | 170. CDR Forum: 50 Years of Credentialing Excellence  
Planned with the Commission on Dietetic Registration #15036                                  |                                                                         |
Planned with the National Organization of Blacks in Dietetics and Nutrition Member Interest Group #149443 |                                                                         |
Planned with Academy Premier Sponsor Abbott Nutrition #150969                               |                                                                         |
| 201-ABC       | 396. New Innovations to Tap Nature’s Diversity for Tomorrow’s Food Products #149392                                                       | 161. 2019 Wimpfheimer-Guggenheim International Lecture: Food and Nutrition in Disaster and Humanitarian Relief - Lessons Learned from Syria and Venezuela #151530 | 172. The Health Benefits and Art of Convivial Cooking and Dining  
Planned with the Public Health/Community Nutrition Dietetic Practice Group #149424             |                                                                         |
<p>| 204-ABC       | 221. Bridging the Practice Gap Using the Latest Renal Nutrition Guidelines #149387                                                        | 240. Diversifying Our Practice and Our Plates #149394                                           | 256. ACEND Forum: Myths and Realities About Future Requirements for Registered Dietitians #149430 |                                                                         |
| Expo Hall     | 9:00 a.m. – 3:00 p.m.                                                                  |                                                                                           |                                                                                       |                                                                         |</p>
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<td>159. Sowing the Seeds: An Analysis of Modern Wheat Planned with the Food and Culinary Professionals Dietetic Practice Group #149533</td>
<td>212. Nutrition and Behavioral Health Considerations in Treatment Interventions for Binge Eating Disorder #149551</td>
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<td>419. Unlocking Precision Nutrition Care: Is Genetic Information the Key? #149472</td>
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<td>151. Detoxification: Evaluating the Science and Implications for Practice Planned with the Committee for Lifelong Learning #149561</td>
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<td>177. Beyond School Lunch Memes: Real-World Commonalities, Challenges and Successes Planned with the School Nutrition Services Dietetic Practice Group #149546</td>
<td>148. Well Beyond 50: Practical Changes for Senior Nutrition Policy Planned with the Legislative and Public Policy Committee #149553</td>
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<td>423. Intellectual Property Rights: Liberty, Ethics, and the Pursuit of Legal Protection Planned with the Nutrition Entrepreneurs Dietetic Practice Group #149483</td>
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<td>154. PDP Practice Competency Session Planned with the Commission on Dietetic Registration #150411</td>
<td>198. Myth Conception: How Men Can Improve Their Fertility Planned with the Nutrition Education for the Public Dietetic Practice Group #149557</td>
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<td>114- Lecture Hall</td>
<td>136. Philly Spotlight: Beverage Tax Successes and an NBA Challenges Planned with the Committee for Lifelong Learning (8:00 a.m. – 9:00 a.m.) #150444</td>
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<td>134. RDN to C-Suite: Nutrition Professionals in Executive Leadership Planned with the Committee for Lifelong Learning (1:30 p.m. – 2:30 p.m.) #151130</td>
<td>156. From the Court to the Kitchen: A Conversation with an NBA Dietitian Planned with the Committee for Lifelong Learning (3:30 p.m. – 4:30 p.m.) #150956</td>
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<td>194. Optimizing the Transition from Acute to Home Enteral Nutrition Planned with the Dietitians in Nutrition Support Dietetic Practice Group #149475</td>
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<td>138. Low Energy Availability and Relative Energy Deficiency in Sport (RED-S) Updates: From the Lab to Practical Application Planned with the Committee for Lifelong Learning #150960</td>
<td>167. Craft Beers: History and Sustainability in Healthy Kitchens #149565</td>
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<td>119-AB</td>
<td>143. The Right Stuff: Supporting Access to Medicaid Nutrition Services Planned with the Legislative and Public Policy Committee #149499</td>
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<td>292. Culinary Dentistry: Incorporating Nutrition into Dental Education and School-Based Interventions #149529</td>
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<td>296. Going Global: Barriers and Bridges to International Nutrition Work Planned with the Global Member Interest Group #149478</td>
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<td>200. Take a Deep Breath: The Latest on COPD Treatment Planned with the Committee for Lifelong Learning #149535</td>
<td>131. Overcoming Adversity: Forging your Own Path in Dietetics Planned with the Committee for Lifelong Learning #149569</td>
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<td>155. The Nutrition Detective: An Epidemiologist’s Investigation into Diet and Disease Planned with the Committee for Lifelong Learning #151121</td>
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<td>193. Taking the Lead in Drug Interaction Prevention in Post-Acute and Long-Term Care Settings Planned with the Dietetics in Health Care Communities Dietetic Practice Group #149541</td>
<td>183. Busting the Myth of Enteral Feeding Intolerance: Tube Feeding Is Not the Problem #149559</td>
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**Expo Hall**

| 9:00 a.m. – 3:00 p.m. | Poster Sessions: Food Science; Education; Management; Food Services/Culinary; Research; Innovations (Authors present from 11:45 a.m. – 1:15 p.m.) |
### Tuesday, October 29th (Philadelphia, Pennsylvania)

**Session room** | 8:00 a.m. – 9:30 a.m. | 9:45 a.m. – 11:15 a.m. | 12:00 p.m. – 1:30 p.m. | 2:00 p.m. – 3:30 p.m. |  
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**Hall C** |  | 160. Getting the Biggest Bang for the Buck: Fine-Tuning Body Composition via Time-Effective Exercise and Diet  
*Planned with the Committee for Lifelong Learning* | 122. Clinical Applications of the Ketogenic Diet: A Panel Discussion  
*Planned with the Committee for Lifelong Learning* | 382. Same Study, Different Headlines: Combating Confusion in Nutrition News Coverage | #149665  
**Terrace Ballroom I/II** | 245. Interprofessional Approaches to Addressing Stress and Burnout in Healthcare  
*Planned with the Nutrition Educators of Health Professionals Dietetic Practice Group* | 157. Beyond Nutrients? Potential Role of Ultra-Processed Foods in Obesity  
*Planned with the Committee for Lifelong Learning* | 206. Gluten Sensitivity: Fact Versus Fiction | #151125  
**Terrace Ballroom III/IV** | 291. Rx Diet: Why Gastrointestinal Doctors Recommend Low FODMAPs for Irritable Bowel Syndrome  
*Planned with the Committee for Lifelong Learning* | 158. Beyond Nutrients? Potential Role of Ultra-Processed Foods in Obesity  
*Planned with the Committee for Lifelong Learning* | 205. Controversies in Practice: Alcohol - To Drink or Not to Drink?  
*Planned with the Committee for Lifelong Learning* | #149590  
**Grand Ballroom A** | 126. Taking Your Business the Distance: How to Build a Practice That Lasts  
*Planned with the Committee for Lifelong Learning* | 169. Breaking Bread, Not the Bank: Preparing Delicious Meals on a Budget  
*Planned with the Committee for Lifelong Learning* | 380. Generation 2 to Baby Boomer: Customizing Cooking Demonstrations for Age Groups | #149644  
**Grand Ballroom B** | 265. Global Appreciation or Cultural Appropriation? Avoiding Insensitive Pitfalls on Food Blogs  
*Planned with the Committee for Lifelong Learning* | 219. Practical Approaches to Short Bowel Syndrome Management  
*Planned with the Committee for Lifelong Learning* | 381. The Power of Empirical Evidence: Strategies for Evidence-Based Practice | #149660  
**Room 114-Lecture Hall** | 123. Type 2 Diabetes and Brain Health: What You Need to Know  
*Planned with the Committee for Lifelong Learning* | 158. A Conversation on Immigrant Child Detention: Policies and Implications  
*Planned with the Legislative and Public Policy Committee* | 120. Powerful Package of Protein: Present and Future  
*Planned with the Committee for Lifelong Learning* | #149956  
**113-ABC** | 218. Sarcopenia in Cancer: Strategies for Diagnosis and Treatment  
*Planned with the Oncology Nutrition Dietetic Practice Group* | 418. Nutrition Informatics: Pathways to Success  
*Planned with the Nutrition Informatics Dietetic Practice Group* | 412. Putting Evidence-Based Diabetes Guidelines to Work: Measuring Implementation and Outcomes | #149621  
**115-ABC** | 231. Translating Human Milk Exploration into Maternal Diet Application  
*Planned with the Committee for Lifelong Learning* | 370. Don’t Make Me Sick: Nutrition Professionals Strengthening Consumer Food Safety Behaviors  
*Planned with the Committee for Lifelong Learning* | 125. Controversies in Practice: Alcohol - To Drink or Not to Drink?  
*Planned with the Committee for Lifelong Learning* | #149604  
**118-ABC** | 390. Bringing the Farm to Your Facility with Harvest of the Month  
*Planned with the Committee for Lifelong Learning* | 260. The Sweet Spot: Advancing Practice Through Partnerships, Interprofessional Education, and Simulation  
*Planned with the Committee for Lifelong Learning* | 327. Exploring the Boundaries of RDN Scope of Practice  
*Planned with the Quality Management Committee* | #149959  
**119-AB** | 410. Generating Real-World Nutrition Data in the Era of Artificial Intelligence  
*Planned with the Committee for Lifelong Learning* | 356. Enriching Diversity in the Dietetics Profession via Individuals with Disabilities  
*Planned with the Committee for Lifelong Learning* |  | #149688  
**120-ABC** | 402. Behavioral Design in All Socioecological Levels Optimizes Food Service Guidelines  
*Planned with the Committee for Lifelong Learning* | 384. Myths and Misconceptions of Breastfeeding: A Cultural Perspective  
*Planned with the Committee for Lifelong Learning* | 351. Aligning Services Using Digital Tools for Virtual Diabetes Care  
*Planned with the Committee for Lifelong Learning* | #149601  
**121-ABC** | 147. Dietetic Licensure: Outdated or Imperative?  
*Planned with the Consumer Protection and Licensure Subcommittee* | 353. Where Are the Walls? Nutrition When Long-Term Care Isn’t Confined to a Building  
*Planned with the Healthy Aging Dietetic Practice Group* | 301. Expanding Opportunities for Global Engagement: Real-World Examples of International Impact  
*Planned with the Committee for Lifelong Learning* | #151118  
**201-ABC** | 128. The Female and Male Athlete Triad: Health and Nutritional Implications for Recovery  
*Planned with the Committee for Lifelong Learning* | 196. The Autism MEAL Plan: Empowering Caregivers to Feed in Avoidant/Restrictive Food Intake Disorder  
*Planned with the Committee for Lifelong Learning* | 144. Future Farm Bills: Is It Time to Advocate Beyond Nutrition?  
*Planned with the Legislative and Public Policy Committee* | #151112  
**204-ABC** | 333. Growing Together: Diversifying Dietetics Through Mentoring  
*Planned with the Cultures of Gender and Age Member Interest Group* | 175. Cultivating Cooking, Culture, and Community in Early Care Sites  
*Planned with the Committee for Lifelong Learning* |  | #149594  
**Expo Hall** |  | 117. Closing Session: Givers Take All - Creating a Culture of Productive Generosity  
*Planned with the Committee for Lifelong Learning* |  | #149657  

**Poster Sessions:** Wellness and Public Health (Authors present from 11:30 a.m. – 1:00 p.m.)