

FNCE® 2021 | Performance Indicators

Please see the below list of performance indicators recommended for each FNCE® session. Please note: Although there are three *suggested* performance indicators* provided for each session, you as the practitioner should select the competency that you feel was fulfilled by the knowledge, skills, and behaviors gained from activity completion. A complete list of competencies and performance indicators can be found [here](#).

**Performance Indicators are suggested knowledge, skills, and behaviors that can be gained through completion of an activity.*

2021 Wimpfheimer-Guggenheim International Lecture: Global Capacity-Building in Early Life Nutrition

12.1.2 Leads or participates in the development of food and health policies

12.4.2 Applies knowledge of local and global food markets, food production systems and nutrition regulations.

3.2.1 Advocates for and influences local, federal and global nutrition and health policy to promote health and well-being of individuals, communities and populations.

A Dietitian's Role in Quality Improvement: Lessons Learned from Enhanced Recovery in Bariatric Surgery

7.4.8 Evaluates, communicates and documents quality management activities, outcomes and recommendations to advance knowledge, to change practice and to enhance effectiveness of services.

6.2.3 Analyzes and interprets data to form valid conclusions and to make recommendations.

8.2.3 Analyzes new information and how it impacts medical nutrition therapy.

ACEND Forum: Partnership Models Under the Future Education Model

2.2.3 Identifies opportunities for shared benefit and/or vision.

9.1.4 Evaluates factors that influence the learning process and skill building.

9.3.5 Uses a variety of strategies to deliver education.

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Addressing the Obesity Cycle Through Preconception and Prenatal Health

12.2.2 Identifies and reviews evidence-based literature to create programs and to justify needs and actions.

8.1.1 Interprets and applies evidence-based literature and standards for determining nutritional needs of target audiences

9.4.5 Implements individualized teaching plans in order to promote, maintain and enhance nutritional health and learning.

Advancing the Future of Nutrition and Dietetics Through Systems Thinking

3.2.4 Encourages others to engage in personal and professional development activities for career growth and skill enhancement.

4.1.1 Demonstrates effective problem solving and professional judgment to address a need.

4.2.1 Identifies potential or existing opportunities and challenges.

An Educators Toolkit: Developing High-Quality and Competency-Based Online Nutrition Education

9.2.2 Determines and takes into consideration the literacy and readability needs of individuals, groups and populations.

9.2.3 Applies educational theories and uses assessment results for planning process and development of materials and teaching aids.

9.4.4 Selects and uses appropriate content and teaching methods to meet individual and group needs.

An Interdisciplinary Approach to Indigenizing Healthy Eating and Body Image

10.2.10 Gathers and evaluates information related to behaviors, beliefs, knowledge, and client/patient attitudes that influence nutrition and health.

10.1.1 Leads intra- and interprofessional teams to identify, develop, implement and evaluate valid and reliable nutrition screening tools and procedures.

9.2.4 Collaborates with learners and colleagues to formulate specific, measurable and attainable objectives and goals.

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Analyzing Eating Behavior within the Military Environment and Culture

- 4.1.2 Interprets and integrates evidence-based research and literature in decision making.
- 6.2.3 Analyzes and interprets data to form valid conclusions and to make recommendations.
- 8.1.1 Interprets and applies evidence-based comparative standards for determining nutritional needs.

Are You Ready for the Future? Artificial Intelligence Is Coming Your Way

- 3.1.6 Takes an active role in sharing information and knowledge
- 4.2.5 Analyzes and synthesizes information and identifies new information, patterns and findings
- 4.2.7 Identifies and implements a plan to address opportunities and challenges.

Asian Cuisine: A Conversation on Regional Cooking Techniques & Recipes

- 8.5.3 Uses a variety of cooking techniques, food preparation methods and production and delivery systems.
- 8.5.4 Takes into consideration client/patient choices, beliefs, food sensitivities, allergies, and accessibility and affordability of food.
- 1.7.5 Applies knowledge of cultural foods, religious traditions, eating patterns and food and nutrition trends.

Averting Alzheimer's: Nutrition Implications for Women

- 8.2.1 Engages in educational activities to maintain knowledge and to obtain new knowledge of diseases and clinical conditions.
- 8.1.5 Demonstrates knowledge of nutrient requirements throughout the lifespan, and their role in health promotion and disease prevention.
- 6.2.3 Analyzes and interprets data to form valid conclusions and to make recommendations.

Black Dietitians Matter: Addressing Inequities and Exploring Strategies for Increasing Blacks in Nutrition and Dietetics

- 1.7.3 Develops awareness of one's own personal beliefs and values to inform and reduce biases.
- 3.1.2 Fosters a culture in which diversity and cross-team collaboration are valued.
- 3.2.8 Challenges, encourages and supports others to take action to advance the profession.

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Body Image and Cultural Compassion: Reimagining Nutrition Intervention

10.2.12 Gathers information that affects intake and nutrition and health status (e.g., cultural, ethnic, religious, lifestyle influencers, psychosocial, and social determinants of health).

1.7.1 Recognizes and respects cultural and racial diverse backgrounds to effectively interact and build meaningful relationships with others (e.g., clients, employees, inter- and intra-professional team members and community and professional groups).

9.6.1 Assesses client/patient nutritional needs and appropriateness of the counseling.

Building a Better Case: Negotiation Tactics to Expand MNT Access

12.1.4 Influences legislation, regulation, and policy changes to impact nutrition and well-being in the community

12.2.2 Identifies and reviews evidence-based literature to create programs and to justify needs and actions.

3.3.5 Advocates for financial support and insurance coverage for patients / clients to ensure access to nutrition services.

Building Bridges, Overcoming Biases, Communicating Effectively

2.3.2 Considers and respects the opinions, creativity, values, beliefs and perspectives of others.

1.7.3 Develops awareness of one's own personal beliefs and values to inform and reduce biases

4.2.4 Investigates alternative explanations for deficits or challenges and considers alternative methods and provides justification for selected option(s).

Can Your Tube-Fed Patients Have Real Food? A Skills Workshop on Blenderized Tube Feeding

8.5.2 Develops or modifies recipes, menus, and meals using sensory perception and other food components.

7.2.5 Develops, implements and adheres to policies and procedures to optimize food and water safety.

10.2.7 Performs calculations to determine nutritional requirements by identifying and utilizing patient-appropriate formula.

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Cart to Counter: Leveraging Personality Data and Technology to Boost the Grocery Experience

11.2.2 Works collaboratively with team to identify market trends and to target client/patient wants and needs.

8.2.3 Implements individualized services to reflect customer-centered approach as it pertains to the customers physical, social, cultural, institutional and economic environment.

9.1.3 Identifies and analyzes factors that influence behavioral change.

Closing Session: The Irresistible Power of Strategic Storytelling

2.1.5 Evaluates the effectiveness of communication methods used to ensure understanding of presented information.

2.1.3 Tailors messages and communication methods to meet the needs of target audiences.

4.2.1 Identifies potential or existing opportunities and challenges.

Conscious Dietetics Practice: Assessing Dietetics (White) Privilege and Confronting Racism

1.7.3 Develops awareness of one's own personal beliefs and values to inform and reduce biases

1.7.1 Recognizes and respects cultural and racial diverse backgrounds to effectively interact and build meaningful relationships with others (e.g., clients, employees, inter- and intra-professional team members and community and professional groups).

4.2.2 Reflects on own values, beliefs and biases

Crafting Compelling Communication in a Complex World

2.1.3 Tailors messages and communication methods to meet the needs of target audiences

9.1.3 Identifies and analyzes factors that influence change in behaviors.

9.3.4 Takes into consideration the cultural needs of audiences and makes appropriate modifications to education materials.

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Demystifying Nephrology Nutrition: Standards of Practice as a Professional Roadmap

- 1.5.2 Assumes responsibility for anticipating, establishing and maintaining appropriate professional boundaries.
- 4.1.2 Interprets and integrates evidence-based research and literature in decision making.
- 8.1.5 Demonstrates knowledge of nutrient requirements throughout the lifespan, and their role in health promotion and disease prevention.

Diagnosis, Treatment and Dietary Interventions for Small Intestinal Bacterial Overgrowth: An Up-To-Date Practical Review

- 6.2.3 Analyzes and interprets data to form valid conclusions and to make recommendations.
- 8.1.5 Demonstrates knowledge of nutrient requirements throughout the lifespan, and their role in health promotion and disease prevention.
- 10.2.1 Selects valid and reliable tools to conduct comprehensive nutrition assessments.

Documenting Dangerous, Deceptive, and Discredited Practice

- 1.1.3 Keeps abreast of changes in practice and in the practice environment that affect individual competence and legislative scope of practice
- 1.2.7 Reports inappropriate, unethical or incompetent behavior or treatment of others.
- 3.2.6 Communicates with policy makers to influence decisions that impact the advancement of the profession.

Effective Pivoting During Public Health Emergencies: RDNs as Essential Practitioners

- 1.1.3 Keeps abreast of changes in practice and in the practice environment that affect individual competence and legislative scope of practice.
- 3.2.5 Educates employer and the public on RDN and NDTR roles, as well as the benefits of receiving care from RDNs and NDTRs.
- 7.4.1 Utilizes valid quality management tools to track and analyze data and to inform decisions.

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Engaging Parents for Public Health: Reaching Today's Caregivers with the Dietary Guidelines for Infants and Toddlers

- 12.2.2 Identifies and reviews evidence-based literature to create programs and to justify needs and actions.
- 2.1.3 Tailors messages and communication methods to meet the needs of target audiences.
- 9.3.2 Develops a variety of learning activities based on a plan of action and the needs of individuals, groups, communities and populations.

Enhance Your Value and Career with Diabetes Research

- 3.2.2 Participates in professional and personal development activities for career growth and skill enhancement.
- 6.3.1 Uses established benchmarking and best practices to inform practice.
- 8.3.4 Enhances knowledge to foster career advancement.

Enteral Nutrition Myths Debunked!

- 10.2.9 In collaboration with the client and interdisciplinary team (including NDTRs), selects and implements current and evidence-based nutrition interventions and patient education.
- 4.2.6 Analyzes and synthesizes information and identifies new information, patterns and findings.
- 6.2.5 Applies research/evidence-based findings to improve practice, service delivery, and health and nutrition of customers.

Ethical Implications of Supplement Sales and Recommendations

- 1.1.1 Accepts own responsibility and accountability for actions and decisions related to customers.
- 1.1.6 Recognizes and manages situations with ethical implications.
- 1.1.4 Practices with honesty, integrity, transparency and fairness.

Expanding Global Nutrition Care to the Neediest Through Technology

- 4.1.4 Demonstrates effective, appropriate and timely consultation with experts and others.
- 5.2.7 Suggests, develops and/or implements innovative enhancements and new software platforms, applications and technologies to meet the needs of the target group and the environment.
- 3.3.3 Collaborates with customers and others to support access to services.

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Expanding Online Retail in Federal Nutrition Programs: Lessons Learned from the COVID-19 Pandemic

12.1.1 Promotes nutrition programs and resources to address issues of food security, nutritional health and overall health and wellness.

6.2.5 Applies research/evidence-based findings to improve practice, service delivery, and health and nutrition of customers.

9.3.2 Develops and/or selects a variety of learning activities based on a plan of action and outcomes, and the needs of the individual, group, community and population.

Exploring Programmatic and Policy-Based Initiatives to Address Diversity, Equity and Inclusion Within the Older Americans Act Nutrition Program

6.1.3 Establishes goals for improving quality of services provided.

9.3.3 Develops and/or selects culturally sensitive, evidence-based materials that are appropriate to the audience.

9.4.6 Uses socially and culturally appropriate strategies in order to respect diverse cultures and values.

Food Addiction and Psychosocial Adversity: Biological Embedding, Contextual Factors, and Public Health Implications

3.2.2 Participates in professional and personal development activities for career growth and skill enhancement.

6.2.3 Interprets data to make recommendations and to inform decisions.

8.2.1 Assesses the physical, social and cultural needs of the individual, group, community or population.

Food Allergy Therapy in 2021: Oral Immunotherapy, Transition to Real Foods, and the Role of the RDN

8.3.5 Keeps abreast of changes in practice and within practice environments that affect scope of practice.

4.1.2 Interprets and integrates evidence-based research and literature in decision making.

8.3.1 Maintains the knowledge and skill to manage a variety of disease states and clinical conditions.

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Food Policy Councils: Dietitians Take a Seat at the Table

12.4.2 Collaborates with community partners to implement programs based on the assessed needs, values, beliefs, limitations and strengths of the population.

12.1.2 Leads or participates in the development of food, nutrition and health policies.

3.2.1 Advocates for, and participates in, activities that support advancement of the profession.

Forecasting Innovation: Post-Pandemic Possibilities

4.1.1 Demonstrates effective problem solving and professional judgment to address a need.

7.2.8 Develops and implements food safety and sanitation programs in compliance with state and federal regulations.

8.3.6 Keeps abreast of current nutrition and dietetics knowledge and trends.

Foundation Symposium: Food as Medicine- Practical Applications for Registered Dietitians Across Practice Settings

12.1.3 Collaborates with community partners and stakeholders in promoting health and disease prevention.

12.3.4 Collaborates with community partners to design programs.

7.4.6 Analyzes data to identify trends and improvements and to determine cost-effectiveness of nutrition-related clinical care, or to support the delivery of health, food and nutrition services.

Foundation Symposium: The Critical Role of Nutrition and Its Impact on Stress

8.1.5 Demonstrates knowledge of nutrient requirements throughout the lifespan, and their role in health promotion and disease prevention.

8.2.4 Integrates new knowledge of disease states and clinical conditions into practice.

8.3.6 Evaluates sport/dietary supplements (safety, legality, efficacy, quality, application to sport) and considers evidence-based reviews and testing by reputable third parties before recommending sports/dietary supplements.

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From Awareness to Action: Leveraging Critical Thinking for Cultural Humility Development

- 4.2.2 Reflects on own values, beliefs and biases.
- 8.3.7 Integrates new knowledge and skills into practice.
- 9.4.2 Selects and uses appropriate content and teaching methods to meet individual and group needs.

Future of Pre-hab and Rehab: Muscle Imaging Prognostic and Therapeutic Applications in Transplant and Surgical Populations

- 8.1.1 Interprets and applies evidence-based comparative standards for determining nutritional needs.
- 8.1.5 Applies medical nutrition therapy in disease prevention and management.
- 8.3.7 Integrates new knowledge and skills into practice.

Group Practice: Straightforward Business Guides from Industry Experts

- 14.2.1 Establishes and maintains an operational budget.
- 14.4.2 Initiates and participates in recruitment and hiring of staff.
- 3.1.7 Participates in the development of the organizations strategic plan, mission and vision.

Head, Shoulders, Knees and Toes: How NFPE Can Strengthen Your Pediatric Malnutrition Diagnosis

- 10.1.1 Identifies and selects valid and reliable screening tool(s) to obtain and verify relevant data in support of nutrition assessment.
- 5.4.2 Uses standardized terminology to describe nutrition assessment data, nutrition diagnoses, nutrition interventions, and nutrition monitoring and evaluation.
- 8.3.6 Keeps abreast of current nutrition and dietetics knowledge and trends.

How to Be Positive and Assertive in Difficult Conversation Through Effective Listening and Responding

- 2.1.5 Observes nonverbal cues and responds appropriately.
- 3.1.1 Identifies strengths and opportunities for self-improvement and improvement in others.
- 4.2.2 Reflects on own values, beliefs and biases.

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Hydroponic Gardening in the Classroom: Benefits, Challenges, and Triumphs

9.3.2 Develops and/or selects a variety of learning activities based on a plan of action and outcomes, and the needs of the individual, group, community and population.

9.1.2 Identifies and works to minimize and overcome barriers to learning.

12.1.1 Promotes nutrition programs and resources to address issues of food security, nutritional health and overall health and wellness.

Identifying Opportunities to Advance Health Equity Through Correctional Facility Food Service

12.1.1 Promotes nutrition programs and resources to address issues of food security, nutritional health and overall health and wellness.

12.3.3 Takes into consideration any population and environmental disparities (health, availability, finances, access) when developing programs.

13.2.1 Adheres to and communicates relevant regulations, dietary guidelines and organization policies in menu development and implementation.

Improving Obesity Nutrition Care Through Recognition of the Lived Experience

4.2.2 Reflects on own values, beliefs and biases.

8.2.3 Implements individualized services to reflect customer-centered approach as it pertains to the customers physical, social, cultural, institutional and economic environment.

9.4.2 Selects and uses appropriate content and teaching methods to meet individual and group needs.

Indicators to Action: How to Navigate and Evolve Your Career in Sports or Performance Nutrition

1.2.1 Identifies and takes the appropriate steps to maintain and enhance competence.

2.2.4 Collaborates with others when the required skill is beyond his/her competence.

3.2.2 Participates in professional and personal development activities for career growth and skill enhancement.

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Influencing Up: Fostering Collaborative Relationships with Your Bosses

2.3.4 Promotes a friendly, cooperative environment that is conducive to employees sense of belonging.

2.3.5 Facilitates an understanding and appreciation of the differences among team members and how they each contribute to the team.

3.1.1 Identifies strengths and opportunities for self-improvement and improvement in others.

Integrative Practices in Oncology: State of the Science

6.2.5 Applies research/evidence-based findings to improve practice, service delivery, and health and nutrition of customers.

8.1.5 Applies medical nutrition therapy in disease prevention and management.

8.3.7 Integrates new knowledge and skills into practice.

Intellectual Property Essentials to Protect Your Business and Brand

1.1.7 Communicates professional title and credentials accurately.

1.5.4 Models a professional image as defined within organization policy and code of ethics.

11.4.1 Stays abreast of changing trends and technology in promotion, marketing and advertising.

Intermittent Fasting and Chrononutrition for Health: Who, Why, and How?

10.2.9 In collaboration with the client and interdisciplinary team (including NDTRs), selects and implements current and evidence-based nutrition interventions and patient education.

8.3.6 Keeps abreast of current nutrition and dietetics knowledge and trends.

9.6.5 In collaboration with the customer, develops counseling or coaching goals.

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Issues and Concerns Surrounding Dietary Supplements

10.4.5 Adheres to legislation, regulations, standards and organization policies related to recommending, prescribing and dispensing vitamins and minerals, dietary supplements, functional foods and medical nutrition foods/products.

8.3.6 Keeps abreast of current nutrition and dietetics knowledge and trends.

9.3.1 Critiques and selects appropriate, current, evidence-based, practice-based reference materials to support the development of nutrition education resources.

Keeping Our Food System Safe Through Legislation, Technology and Culture Shifts

3.2.6 Communicates with policymakers to influence decisions that impact advancement of the profession.

7.2.10 Collaborates with organizations and vendors to develop and implement safety specifications and procedures for the optimization of food and water safety and to provide adequate food storage and supply.

7.2.7 Identifies and implements risk management and environmental safety principles to enhance public safety and reduce risk to self, staff, customers, public and organization.

Lab-Grown Meat: What You Need to Know About its Place on the Plate

4.1.2 Interprets and integrates evidence-based research and literature in decision making.

7.2.3 Communicates the role of sustainable food practices and food insecurities for populations.

6.2.3 Analyzes and interprets data to form valid conclusions and to make recommendations.

Leadership Zipline or Ladder: Is Going Horizontal the Best Direction for You?

3.1.2 Fosters a culture in which diversity and cross-team collaboration are valued.

14.3.3 Communicates purpose and desired outcomes to stakeholders in order to achieve project objectives and goals.

2.2.1 Identifies the need for and negotiates common ground with customers, interprofessional team members and other stakeholders.

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Leading Policy, System and Environmental Change Through the Power of Coalition

12.1.3 Collaborates with community partners and stakeholders in promoting nutritional health and disease prevention.

12.2.6 Determines resource needs to develop, implement and maintain programs, initiatives and interventions

3.2.1 Advocates for and influences local, federal and global nutrition and health policy to promote health and well-being of individuals, communities and populations.

Leveraging Gamification to Educate, Entertain and Engage

2.1.4 Uses a variety of media to deliver information.

5.2.2 Leads or participates on teams to design electronic programs, applications or systems to support nutrition and dietetic deliverables.

9.3.5 Uses a variety of strategies to deliver education.

Leveraging Nutrition Every Step of the Way: Addressing Nutrition Equity and Early Intervention Strategies During the COVID-19 Pandemic

7.4.8 Evaluates, communicates and documents quality management activities, outcomes and recommendations to advance knowledge, to change practice and to enhance effectiveness of services.

8.1.2 Integrates knowledge of biological, physical, and social sciences with knowledge of food and nutrition to make decisions related to nutrition care.

8.2.4 Integrates new knowledge of disease states and clinical conditions into practice.

Leveraging Partnerships to Improve Nutrition Education Programs for Disadvantaged Communities

12.3.3 Takes into consideration any population and environmental disparities (health, availability, finances, access) when developing programs.

9.3.4 Takes into consideration the cultural needs of audiences and makes appropriate modifications to education materials.

1.7.6 Applies knowledge of health determinants when planning, developing and implementing services, programs, interventions, meal plans and menus.

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Malnutrition Matters! Latest Evidence for Nutrition Assessment and Interventions for Older Adults

10.1.1 Leads intra- and interprofessional teams to identify, develop, implement and evaluate valid and reliable nutrition screening tools and procedures.

6.2.3 Analyzes and interprets data to form valid conclusions and to make recommendations.

8.1.5 Demonstrates knowledge of nutrient requirements throughout the lifespan, and their role in health promotion and disease prevention.

Member Showcase: Limitless: Unleash and Master Your Mind's Potential

1.1.2 Pursues and embraces opportunities to advance practice.

3.1.6 Takes an active role in sharing information and knowledge.

4.2.1 Identifies potential or existing opportunities and challenges.

Modernizing Our Approach to Skeletal Health

10.1.1 Leads intra- and interprofessional teams to identify, develop, implement and evaluate valid and reliable nutrition screening tools and procedures.

8.1.2 Applies knowledge of food and nutrition as well as the biological, physical and social sciences in practice.

8.3.7 Demonstrates an understanding of the ways in which progressive exercise training influences nutrition needs to support positive metabolic, structural, and immunological adaptations.

Moving Evidence-Based Guidelines from Paper to Practice

6.2.3 Analyzes and interprets data to form valid conclusions and to make recommendations.

6.2.1 Identifies and applies appropriate research methods when collecting and retrieving data.

8.2.1 Engages in educational activities to maintain knowledge and to obtain new knowledge of diseases and clinical conditions.

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Multi-Omics Approaches to Personalized Sports Nutrition: Limits and Possibilities

6.1.1 Identifies gaps in evidence to determine research priorities.

4.1.2 Interprets and integrates evidence-based research and literature in decision making.

6.2.5 Applies research/evidence-based findings to improve practice, service delivery, and health and nutrition of customers.

Multi-System IDDSI Implementation: Keeping Education Hands-on in a Virtual World

14.3.2 Leads and participates in stakeholder analyses in order to establish project objectives and goals.

3.1.2 Fosters a culture in which diversity and cross-team collaboration are valued.

9.3.2 Develops and/or selects a variety of learning activities based on a plan of action and outcomes, and the needs of the individual, group, community and population.

Navigating Professional Roadblocks Using Persuasive Communication Skills

2.1.2 Identifies and addresses barriers to effective communication.

2.2.2 Delivers information and opinions in a respectful and professional manner

4.2.1 Identifies potential or existing opportunities and challenges.

New Kids on the Block: The Role of Alternative Lipid Formulations in Parenteral Nutrition

10.4.2 Demonstrates an understanding of pharmacokinetics, absorption, clearance, metabolism, latency periods, accumulation, half-life, and routes of drug administration.

4.2.6 Integrates relevant information with previous learning, experience, professional knowledge, and current practice models.

10.3.2 Determines factors impacting client/patient progress in meeting goals and adjusts nutrition care plans accordingly.

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NOLA Spotlight: Culinary Innovations in Restaurants, Markets & Therapeutic Food Pantries

12.1.1 Promotes nutrition programs and resources to address issues of food security, nutritional health and overall health and wellness.

12.2.8 Synthesizes assessment data to determine and prioritize program goals and objectives.

2.2.3 Identifies opportunities for shared benefit and/or vision.

Nothing About Us Without Us: Patient and Family Engagement

9.1.2 Identifies and works to minimize and overcome barriers to learning.

9.6.10 Evaluates the effectiveness of counseling or therapy and makes modifications as required.

2.4.3 Models behaviors that maximize group participation by consulting, listening and communicating clearly.

Nourishing Our Communities Through A Pandemic: Stories Of Resilience From The Front Lines

12.1.3 Collaborates with community partners and stakeholders in promoting health and disease prevention.

12.2.1 Identifies determinants of health and influences on population health status

1.7.6 Applies knowledge of health determinants when planning, developing and implementing services, programs, interventions, meal plans and menus

Nutrition and Immunity: Evidence at the Intersection of Diet and Health

4.1.2 Interprets and integrates evidence-based research and literature in decision-making.

8.2.3 Analyzes new information and how it impacts medical nutrition therapy.

6.2.3 Analyzes and interprets data to form valid conclusions and to make recommendations.

Nutrition Education for Kids Based on the Dietary Guidelines for Americans

9.1.2 Identifies and works to minimize and overcome barriers to learning.

9.3.2 Develops a variety of learning activities based on a plan of action and the needs of individuals, groups, communities and populations.

9.1.1 Demonstrates and applies age-appropriate education principles.

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One Size Does Not Fit All: How Mindful Eating and Healthy Weight-loss Strategies Can Coexist

9.2.4 Collaborates with learners and colleagues to formulate specific, measurable and attainable objectives and goals.

9.4.5 Implements individualized teaching plans in order to promote, maintain and enhance nutritional health and learning.

8.3.4 Assesses clients' emotions toward nutrition-related statements or phenomenon, body image/preoccupation with food and weight, and readiness to change nutrition-related behaviors.

Opening Session- The Infinite Mindset: A Fireside Chat with Simon Sinek

3.1.3 Takes initiative to facilitate change.

4.1.1 Demonstrates effective problem solving and professional judgment to address needs.

4.2.3 Demonstrates insight concerning personal expertise and limitations.

Optimizing the Health and Performance of Dancers

8.3.8 Creates a nutrition care plan to match energy and other nutrient and fluid needs to maintain health, optimize performance and reduce the likelihood of negative exercise outcomes (e.g., overtraining, injury)."

9.6.1 Assesses client/patient nutritional needs and appropriateness of the counseling.

10.1.2 Conducts nutrition screening to identify client/patient risks and levels of criticality, and to direct services.

Out of the Dark: Shining the Light on Nutritional Challenges of Female Sex Workers and their Children

12.1.1 Advocates for and promotes food and nutrition programs and resources to address issues of food insecurity, nutritional health and overall health and wellness.

12.2.1 Identifies determinants of health and influences on population health status.

8.2.3 Analyzes new information and how it impacts medical nutrition therapy.

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Person-Centered Implementation of Low Carbohydrate Eating Patterns in People with Diabetes

8.2.2 Differentiates between outdated and current evidence-based practice related to the management of diseases and clinical conditions.

8.1.5 Demonstrates knowledge of nutrient requirements throughout the lifespan, and their role in health promotion and disease prevention.

9.4.5 Implements an individualized teaching plan in order to promote, maintain and enhance nutritional health and learning.

Plant-Based Eating Disorder Treatment from Residential to Outpatient Care

8.2.2 Differentiates between outdated and current evidence-based practice related to the management of diseases and clinical conditions.

9.4.3 Adjusts teaching plans and delivery to meet the needs of specified individuals, groups and populations.

10.2.1 Selects valid and reliable tools to conduct comprehensive nutrition assessments.

Plant-Based Meat Alternatives Versus Meat for Cardiovascular Risk Reduction

6.2.3 Analyzes and interprets data to form valid conclusions and to make recommendations

8.1.4 Integrates knowledge of macro- and micronutrients for digestion, absorption and metabolism throughout the lifespan in practice.

8.2.2 Differentiates between outdated and current evidence-based practice related to the management of diseases and clinical conditions.

Promoting Diversity in Dietetic Education Programs by Creating an Inclusive Environment

1.7.1 Recognizes and respects cultural and racial diverse backgrounds to effectively interact and build meaningful relationships with others (e.g., clients, employees, inter- and intra-professional team members and community and professional groups).

9.1.2 Identifies and works to minimize and overcome barriers to learning.

9.3.2 Develops and/or selects a variety of learning activities based on a plan of action and outcomes, and the needs of the individual, group, community and population.

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Reframing the Purpose of Immersion-Based Simulation Experiences in Dietetics Education with Empathy

9.1.2 Identifies and works to minimize and overcome barriers to learning

8.2.3 Implements individualized services to reflect customer-centered approach as it pertains to the customers physical, social, cultural, institutional and economic environment.

2.2.2 Considers and respects the opinions, creativity, values, beliefs and perspectives of others.

Research and Evidence-Based Practice: Divide and Conquer or Combine for Success?

6.8.3 Contributes to student learning by creating and implementing activities and environments that encourage active learning and joint student/teacher engagement.

4.2.6 Integrates relevant information with previous learning, experience, professional knowledge, and current practice models.

6.2.3 Analyzes and interprets data to form valid conclusions and to make recommendations.

Research-Community Partnerships to Catalyze Improvements in In-Home and Rural Community Food Environments

12.2.3 Identifies individual, organization and government roles and responsibilities within public health and health care systems.

12.1.3 Collaborates with community partners and stakeholders in promoting health and disease prevention.

2.3.4 Identifies opportunities for mutually beneficial partnerships with individuals or organizations with shared visions.

Review of Glucose Time-in-Target Range and the Newest Nutrition Interventions to Increase

10.3.5 Establishes nutrition care plans, defining the time, frequency, and duration of interventions.

10.4.2 Demonstrates an understanding of pharmacokinetics, absorption, clearance, metabolism, latency periods, accumulation, half-life, and routes of drug administration.

8.1.4 Integrates knowledge of macro- and micronutrients for digestion, absorption and metabolism throughout the lifespan in practice.

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Show Your Plate: Cultural Adaptations to the Dietary Guidelines for Americans

12.1.1 Advocates for and promotes food and nutrition programs and resources to address issues of food insecurity, nutritional health and overall health and wellness

8.5.4 Takes into consideration client/patient choices, beliefs, food sensitivities, allergies, and accessibility and affordability of food.

9.3.4 Takes into consideration the cultural needs of audiences and makes appropriate modifications to education materials.

Sustainable Diets: Understanding the Landscape of an Emerging Research Area

1.8.2 Demonstrates an awareness of the impact of sustainability on the health and well-being of individuals and populations.

6.2.3 Analyzes and interprets data to form valid conclusions and to make recommendations.

6.2.5 Applies research/evidence-based findings to improve practice, service delivery, and health and nutrition of customers.

The Challenges of Obesity and Metabolic Syndrome in Living Organ Donation and the Need for a Donor Wellness Program

12.1.3 Collaborates with community partners and stakeholders in promoting health and disease prevention

10.3.4 Selects interventions intended to resolve or improve nutrition diagnoses.

8.2.4 Integrates new knowledge of disease states and clinical conditions into practice.

The Conundrum of Diabetes Care: It's More Than Counting Carbs

12.2.5 Collaborates with stakeholders to determine level of support, opportunities and risks.

3.3.5 Advocates for financial support and insurance coverage for patients / clients to ensure access to nutrition services.

4.1.1 Demonstrates effective problem solving and professional judgment to address needs.

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The Genie Is Out of the Bottle: Telehealth 2.0

14.2.6 Applies knowledge of payment and reimbursement models.

3.3.1 Educates clients and other stakeholders on the need for and availability of food and nutritional services

5.1.10 Uses health informatic tools to support client access to nutrition and dietetics services and education.

The Global Table: A Conversation on Health and Nutrition

2.3.2 Considers and respects the opinions, creativity, values, beliefs and perspectives of others.

3.1.2 Fosters a culture in which diversity and cross-team collaboration is valued.

8.5.4 Takes into consideration client/patient choices, beliefs, food sensitivities, allergies, and accessibility and affordability of food.

The Microbiome in Infant Health and Disease

10.1.2 Conducts nutrition screening to identify client/patient risks and levels of criticality, and to direct services."

6.2.3 Analyzes and interprets data to form valid conclusions and to make recommendations.

8.1.2 Integrates knowledge of biological, physical, and social sciences with knowledge of food and nutrition to make decisions related to nutrition care.

The Post-Pandemic Workforce Challenge: Recruitment, Retention, and Reimagining Your Career Possibilities

14.4.2 Recruits staff based on required competence and qualifications in order to ensure safe and optimal delivery of service.

14.4.9 Takes into consideration individual and organizational culture and behaviors when planning and managing.

3.2.4 Encourages others to engage in personal and professional development activities for career growth and skill enhancement.

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The Ram Chef Program: Building Skills and Self-Efficacy of Nutrition Professionals Through Culinary Instruction for Persons with Intellectual Disabilities

8.5.3 Uses a variety of cooking techniques, food preparation methods and production and delivery systems.

9.2.2 Determines and takes into consideration the literacy and readability needs of individuals, groups and populations.

9.2.3 Applies educational theories and uses assessment results for planning process and development of materials and teaching aids.

The Right Recipe: Impacting Health, Addressing Disparities and Getting Paid

7.4.6 Analyzes data to identify trends and improvements and to determine cost-effectiveness of nutrition-related clinical care, or to support the delivery of health, food and nutrition services.

3.2.5 Educates employer and the public on RDN and NDTR roles, as well as the benefits of receiving care from RDNs and NDTRs.

14.2.6 Applies knowledge of payment and reimbursement models.

Using Digital Health to Enhance Reach and Personalization of Weight Management Interventions

5.1.10 Uses health informatic tools to support client access to nutrition and dietetics services and education.

9.1.2 Identifies and works to minimize and overcome barriers to learning.

9.4.6 Demonstrates competent use of technology to enhance learning experiences and the delivery of information.

Using Mobile Phones in Pediatric Dietary Assessment Research

5.2.2 Leads or participates on teams to design electronic programs, applications or systems to support nutrition and dietetic deliverables.

6.2.2 Selects and uses appropriate tools and skills to collect and interpret research data.

6.3.2 Utilizes innovative ways to disseminate research findings considering the target audiences.

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Voices from Lived Experiences: A Qualitative Study Exploring Perceived Barriers and Facilitators to Treatment of Binge Eating Disorder and Diabetes

10.2.2 Interviews clients/patients and reviews health records to collect information about medical history and food and nutrition intake.

10.2.10 Gathers and evaluates information related to behaviors, beliefs, knowledge, and client/patient attitudes that influence nutrition and health.

9.6.1 Assesses client/patient nutritional needs and appropriateness of the counseling.

Women's Uphill Climb to Overcome Social Determinants of Reproductive Health

10.1.1 Leads intra- and interprofessional teams to identify, develop, implement and evaluate valid and reliable nutrition screening tools and procedures.

12.2.1 Identifies determinants of health and influences on population health status.

12.3.3 Takes into consideration any population and environmental disparities (e.g., sickness and disease, food and water access finances, air and water quality,) when developing programs.