

# FNCE® 2023 | Session Formats

Format	Structure & Style	Example
<p><b>Lecture</b> 1-2 Speakers 60-90 minutes</p>	<ul style="list-style-type: none"> <li>Formal presentation by one or two content experts</li> <li>Advanced-level content with informational slides and handouts in a traditional lecture style</li> <li>May include late-breaking research, case studies, program/initiative review, comparative analysis               <ul style="list-style-type: none"> <li>60-minute sessions recommended for FutureWatch lectures, which focus on emerging dietetics-adjacent topics, such as technological breakthroughs, social trends, or political developments; session should demonstrate connection between topic and the nutrition/dietetics realm</li> <li>Previous topics include right-to-try experimental drug policy, the opioid crisis, type-3 diabetes, and blockchain technology</li> </ul> </li> </ul>	<p><b>Traditional:</b> Two RDNs, both also certified diabetes care and education specialists, analyze the principles of continuous glucose monitoring, including pains and gains, new user-friendly technologies and strategies.</p> <p><b>FutureWatch:</b> An RDN interviews a blockchain expert to explore how this emerging technology can impact food supply chains and improve food safety.</p>
<p><b>Panel Discussion</b> 3 Speakers 90 minutes</p>	<ul style="list-style-type: none"> <li>Un-/semi-scripted conversation and analysis with one Moderator and two to three Speakers of varied backgrounds</li> <li>Discussion of diverse experiences, perspectives, and approaches, with minimal slide presentation and more active moderation</li> </ul>	<p>An RDN, an endocrinologist and a patient living with diabetes discuss their perspectives on, experiences with, and approaches to managing hypoglycemia.</p>
<p><b>Demo</b> 1-2 Speakers 60-90 minutes</p>	<ul style="list-style-type: none"> <li>Live lecture or conversation with integrated video demonstrations               <ul style="list-style-type: none"> <li>Live voiceover of video demos strongly encouraged to increase interaction and engagement</li> </ul> </li> <li>Recipes, instructions, and other video-related content shared via handout</li> </ul>	<p>An RDN uses live lecture and video demonstration to present “recipe makeovers” – plant-based recipes and desserts that are delicious, low in carbohydrate and saturated fat, and high in fiber, all while fitting into a diabetes meal plan.</p>
<p><b>Interview</b> 1 Interviewer, 1-2 Interviewees/ Speakers 60-90 minutes</p>	<ul style="list-style-type: none"> <li>Conversational interview with preeminent expert(s) in field</li> <li>Interview should explore the unique and diverse experiences, research, approaches and/or perspectives of expert(s) on topic</li> <li>While educational, may be more personal/informal in nature, and may have broader or indirect practice applications</li> </ul>	<ul style="list-style-type: none"> <li>An RDN/CDCES interviews an endocrinologist on the importance of hypoglycemia in Type 2 diabetes – truth or hype?</li> <li>An RDN interviews two CEOs of diverse ethnic backgrounds on the disparities and challenges they faced based on their race, color, or ethnicity, as well as opportunities and strategies to create pathways for inclusive recruitment and upward mobility.</li> </ul>
<p><b>Debate</b> 2 Speakers 90 minutes</p>	<ul style="list-style-type: none"> <li>Two experts present competing cases (a series of arguments in support of a viewpoint) on a topic, followed by time for structured refutation</li> <li>Speakers represent fundamentally different viewpoints which clash (are mutually exclusive); Speakers directly (but respectfully!) challenge and respond to each other during event</li> <li>Topics should drive broader conversations about the direction of the profession, the role of the dietitian, the concept of health, interpretations of scientific evidence, etc.</li> </ul>	<p>Two RDN experts debate whether taxes on certain foods are a just and effective solution to the diabetes epidemic.</p>

The Committee for Lifelong Learning is always seeking new and exciting session formats—submit yours, with a brief description of the format structure, via the FNCE® submissions portal. New formats will be reviewed using the same criteria as other proposals.